Akoranga Preschool

the essence of learning

Active Movement Policy

RATIONALE:

At Akoranga Preschool we aim to enhance children's health and wellbeing with education in active movement programs. Children will develop increasing control over their bodies including gross motor and non-gross motor skills, manipulative skills and increasing agility, co-ordination and balance.

PURPOSE:

To educate children on the benefits and enjoyment of physical activity.

PROCEDURES:

- To provide a safe, age challenging and stimulating environment both inside and outside so that children gain confidence and control of their bodies
- Staff will provide daily inside and outside physical activities
- Staff will promote different types of music to encourage physical movement
- Staff will demonstrate enjoyment of active movement, encouraging children's participation
- Staff will utilise community organisation to support staff in developing children's physical program
- Staff will become informed through professional development on active movement programs

CONSULTATION:

With who? How? By when?

Consultation:

- Who? Families/whanau
- How? Written and discussion
- When?

Date: Jan 2017

Review: Jan 2018